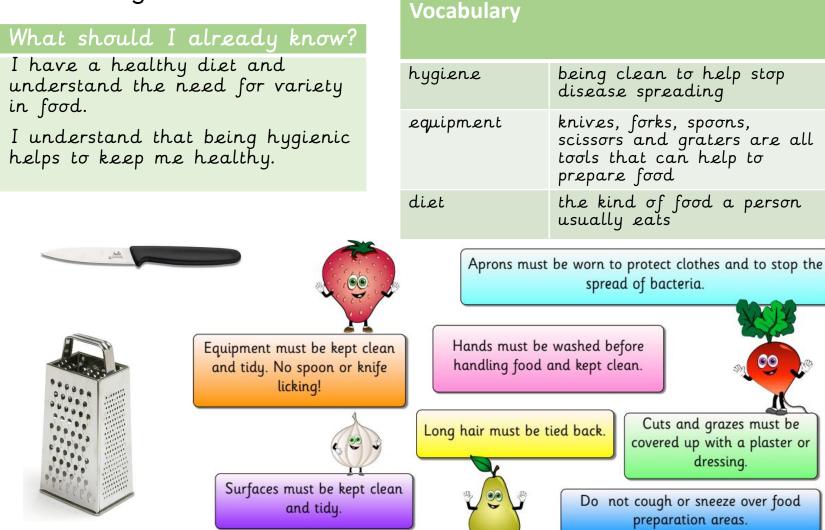
## Design and Technology Year I

What knowledge and skills will I have developed by the end of this unit?

- I can identify and describe familiar fruits and vegetables
- I can identify parts of fruits and vegetables, such as the skin, flesh and seeds
- I can explore fruits and vegetables using my senses
- I can work safely and hygienically with food and tools.
- I can understand that fruits and vegetables are an important part of a healthy diet



Eat More Fruits and Vegetables



Cooking and Nutrition